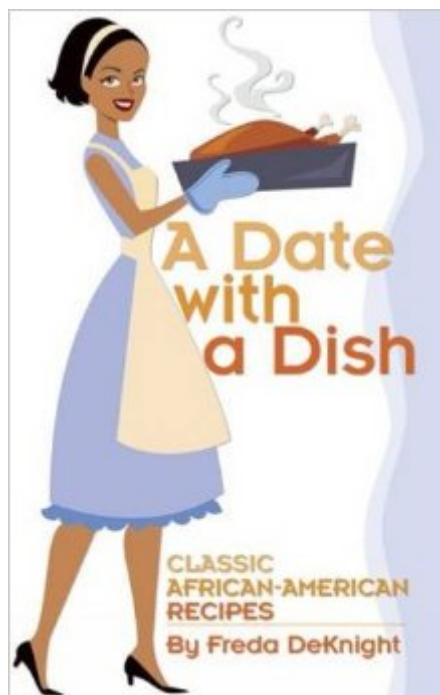


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A Date With A Dish: Classic African-American Recipes



Synopsis

An outstanding feast of distinctively American culinary genius, this comprehensive collection of authentic African-American recipes was assembled by a well-known cooking columnist for Ebony magazine. Freda DeKnight was baking bread and biscuits by the time she was five years old. In the course of her career as a teacher and counselor of culinary arts, she assembled and shared thousands of fabulous recipes, the best of which appear here. Filled with the aroma of childhood memories, this guide helps modern cooks re-create hundreds of classic dishes for every meal of the day, from chicken and oyster gumbo to sweet potato pudding. The recipes start with appetizers, cheese, soups, relishes, and sauces, advancing to meats, fowl, fish, and all-in-one dishes. In addition to suggestions for vegetables, salads, and breads, the menu includes a mouthwatering selection of Creole dishes and delightful desserts.

Book Information

Series: African American

Paperback: 416 pages

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Average Customer Review: 4.3 out of 5 stars Â Â See all reviews Â (9 customer reviews)

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Customer Reviews

I purchased this book after it was recommended by my chef. I have not been disappointed. It's simple food from a simpler time. The book was written in 1962. Don't expect to see quinoa, do expect maple cake, split pea soup (yum) and buttermilk pie.

I made two recipes from this book and was disappointed. The first recipe I tried was the Cottage Cheese Spread -- it was so so. I left out the 2 small grated onions because I thought, "that much grated onion is just going to be overpowering". Indeed, it was pretty onion flavored with just the bunch of chopped scallions. The second recipe I tried was the Crab Meat and Cheese Puffs -- not

good. The one tablespoon of horseradish just overpowered everything. I like horseradish, but this was just too much. Overall, the flavor was just not good.

I like to experiment with different types of recipes. Having the opportunity to understand a different culture's food is wonderful. This book describes different foods that aren't necessarily soul foods. Here are black culture special dishes and everyday foods. I made the peanut butter turkey. And enjoyed it. Keep an eye on the salt. It can be more than needed.

This is a really delightful book. The only thing that would make it better would be if it were spiral bound to stay open while cooking. Yum!

Love this book.

Verry good southern recipes. I can't wait to try them

nice

I looked at some of recipes they look very tasty and simple meaning not a lot of ingredients and just four or five steps.

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